



NOVEMBER 2021

TOTOWA Schools District



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Popcorn Chicken w/ a Split Top Dinner Roll	2 Cheese Stuffed Sticks w/ Marinara Sauce	3 No School	4 NJEA Convention No School	5
8 Boneless Chicken Wings w/ a Split Top Dinner Roll	9 French Toast Sticks	10 Breaded Chicken on a Bun	11 Chicken Nuggets w/ a Split Top Dinner Roll	12 Pizzeria Pizza
15 All-Beef Hot Dog on a Bun	16 Lasagna Rolls with a Split top Dinner Roll	17 French Toast Sticks	18 Thanksgiving Lunch Hot Turkey Sandwich w/ Tater Tots Turkey-Shaped Pretzel	19 Pizzeria Pizza
22 Chicken Nuggets w/ a Split Top Dinner Roll	23 Macaroni & Cheese w/ a Split Top Dinner Roll	24 No Lunch Service	25 HAPPY Thanksgiving 	26
29 Breaded Chicken on a Bun	30 Cheese Stuffed Sticks w/ Marinara Sauce			

Also Available Daily:

Bagel & Yogurt Lunch w/ a Cheese Stick



Locally Grown Cranberries



Locally Grown Cauliflower



Fruits & Vegetables from The Farm Stand are included with lunch.



Free meals for all students*



At least 50% of All Grains served w/ your meal are Whole Grain Rich

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."