Halloween Treats!

The PTO will provide Pretzels, Oreos and Water to all the students at Washington Park & Memorial School for their Halloween celebration.

All ingredients are listed on the Virtual bookbag & PTO Facebook Page.

Happy Halloween

For Questions:

MS: Kristina Meola - 201-467-6413

WPS: Kristin Rivera - 973-419-1621

TOTOWA PARENT TEACHER ORGANIZATION, INC.

Halloween Treats

The PTO will be providing snacks on Friday, October 30th to all of the students at WPS and MS. Water bottles, pretzel bags, and oreo packs will be given during their Halloween celebrations. Ingredients are listed below.

***Any student with food allergies that CAN NOT have oreo cookies or regular Utz pretzels can be offered Partake cookies and Snyder gluten free pretzels as an alternative.**

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, PALM OIL, SOYBEAN AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, CHOCOLATE, ARTIFICIAL FLAVOR.
CONTAINS: WHEAT, SOY.
CONTAINS A BIOENGINEERED FOOD INGREDIENT

INGREDIENTS: Wheat Flour, Salt, Vegetable Oil (Contains One Or More Of The Following: Corn Oil, Sunflower Oil, Canola Oil And/Or Soybean Oil), Malt Syrup* (Derived From Corn And Malted Barley), Sugar*, Yeast, Baking Soda.
*Adds a trivial amount of total and added sugars.
CONTAINS WHEAT

Nutrition Facts

60 servings per container
Serving size 3 cookies (34g)

	Per serving		Per pack	
Calories	**160**		**330**	
		% DV*		% DV*
Total Fat	7g	9%	13g	17%
Saturated Fat	2g	10%	4g	20%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	130mg	6%	260mg	11%
Total Carbohydrate	25g	9%	49g	18%
Dietary Fiber	<1g	2%	1g	4%
Total Sugars	14g		27g	
Incl Added Sugars	13g	26%	27g	54%
Protein	1g		3g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	30mg	2%
Iron	1.4mg	8%	2.9mg	15%
Potassium	50mg	0%	100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

TOTOWA PARENT TEACHER ORGANIZATION, INC.

Allergy Alternative

Partake Cookies and Snyder Gluten Free Pretzels

About | Nutrition

Highlights

Gluten Free · Egg Free · Fish Free · Milk Free · Peanut Free · Shellfish Free · Soy Free · Wheat Free

Details

It's our best-seller in a new "mini" size! Our Crunchy Chocolate Chip Mini Cookie Snack Packs bring the same big chocolate chip flavor you already know and love in a bite-sized form. Ideal for grab-and-go, these vegan, allergy-friendly & non-GMO Mini Chocolate Chip cookies will go the distance to keep you satisfied.

Ingredients

Gluten Free Flour Blend (Oat Flour, White Rice Flour, Cassava Flour, Sorghum Flour), Organic Cane Sugar, Sunflower Oil, Semi-Sweet Chocolate Chips (Cane Sugar, Unsweetened Chocolate, Cocoa Butter), Water, Tapioca Starch, Tapioca Fiber Syrup, Baking Soda, Vanilla Extract, Sea Salt, Caramelized Cane Sugar, Xanthan Gum, Konjac Gum, Rosemary Extract

Nutrition Facts

Serving Size 1 (19 grams)
Servings Per Container 10

Amount Per Serving	
Calories 90	
	% Daily Value
Total Fat 5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 1g	

Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Cornstarch, Potato Starch, Tapioca Starch, Palm Oil, Sodium Carboxymethylcellulose, Dextrose, Salt, Sunflower Lecithin, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Yeast, Citric Acid, Soda.

Nutrition Facts

8 servings per container
Serving size 1 Bag (25g)

Amount per serving	
Calories	100
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars < 1g	
Includes < 1g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0%	
Iron 0mg 0% • Potassium 0mg 0%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.