



Totowa Washington Park School

OCTOBER 2018

Lunch Menu



POMPTONIAN
FOOD SERVICE

Each complete lunch includes: Choice of Entrée w/ Protein/Grain, a trip to The Farm Stand & choice of Milk

MON	10/1	2 Chicken Sliders on Mini Buns with Oven Fries
TUE	10/2	Pasta with Meatballs, Marinara Sauce, & a Garlic Breadstick
WED	10/3	Breakfast for Lunch: Sausage, Egg, & Cheese on a Kaiser Roll w/ a Hash Brown
THU	10/4	Baked Macaroni & Cheese with a Split Top Dinner Roll
FRI	10/5	Pizzeria Pizza 
	OR	Big Daddy's Pizza
MON	10/8	All White Meat Chicken Tenders w/ Oven Fries & a Dinner Roll
TUE	10/9	Jumbo Pizza Bagel with Tossed Salad
WED	10/10	Nachos Grande w/ Seasoned Taco Meat, Brown Rice & Chips
THU	10/11	Crispy Chicken BLT on a Kaiser Roll w/ Waffle Fries
FRI	10/12	Pizzeria Pizza 
	OR	Big Daddy's Pizza
MON	10/15	Cheesy Lasagna Roll Up with a Garlic Knot
TUE	10/16	Baked Mozzarella Sticks w/ Marinara Sauce
WED	10/17	Assorted Chicken Wings on the Bone w/ Oven Potatoes & a Dinner Roll
THU	10/18	 Bacon Cheeseburger on a Pretzel Bun with Potato Salad & Choice of Lettuce, Tomato, Onion, & Pickles 
	OR	Jumbo Soft Pretzel with Cheese Sauce & a Side of Potato Salad
FRI	10/19	Pizzeria Pizza 
	OR	Big Daddy's Pizza
MON	10/22	Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll 
TUE	10/23	Tacos w/ Seasoned Taco Meat w/ Shredded Cheese & Choice of Lettuce, Tomato & Salsa served w/ Brown Rice
WED	10/24	Cheese Stuffed Shells with Marinara Sauce & a Garlic Knot
THU	10/25	Mini Cheeseburger Sliders on Buns with Waffle Fries 
FRI	10/26	Pizzeria Pizza 
	OR	Big Daddy's Pizza
MON	10/29	Barbeque Pork Ribs on a Hero Roll with Potato Tots
TUE	10/30	Super Sampler with 2 Chicken Tenders, 3 Mozzarella Sticks & a Dinner Roll
WED	10/31	Halloween Celebration Mummy Dogs with Potato Tots 

Available Daily



Selections on The Farm Stand are included w/ lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.

AMERICAN GRILLE

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero

Deli Central

Assorted Grab & Go Sandwiches

FRESH FARMSTAND

Assorted Grab & Go Salads

SNACK SHACK

Featuring an assortment of popular & healthier snack & beverage options



At least 50% of All Grains served w/ your meal are Whole Grain Rich

Menu Subject to Change

Your comments are important to us. Please email us at comments@pomptonian.com

"This institution is an equal opportunity provider."

Full Priced Lunches are:
10 Lunches for \$29.50 or
20 Lunches for \$59.00
Reduced Lunches are:
10 Lunches for \$4.00 or
20 Lunches for \$8.00

