



OCTOBER TOTOWA

2018 Memorial School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.		
1	2	3	4	5
2 Crispy Chicken Sliders on Mini Buns with Oven Fries	Pasta with Meatballs, Marinara Sauce, & Garlic Bread	Cinnamon Glazed French Toast Sticks with Syrup & an Egg Patty	Baked Macaroni & Cheese with a Split Top Dinner Roll	Pizzeria Pizza
Weekly Alternate: Mini Philly Cheesesteak		Sea Otter Awareness Week		
8	9	10	11	12
COLUMBUS DAY All White Meat Chicken Tenders with Oven Fries & a Dinner Roll	Whole Grain Pizza Bagel	Nachos Grande Platter with Seasoned Taco Meat, Shredded Cheese, Brown Rice, & Nacho Chips	Baked Chicken Patty on a Bun	Pizzeria Pizza
Weekly Alternate: Garden Burger on a Bun			Weekly Alternate: Cheeseburger on a Bun	
15	16	17	18	19
Grilled Cheese Sandwich with Potato Tots	Baked Mozzarella Sticks with Marinara Sauce	Crispy Chicken Smackers with Oven Fries & a Dinner Roll	Cheese Burger on a Bun	Pizzeria Pizza
National School Lunch Week				
22	23	24	25	26
Popcorn Chicken with Mashed Potatoes & a Dinner Roll	Turkey Sausage, Egg, & Cheese on a Bun with a Hash Brown	Grilled Cheese Sandwich with Potato Tots	2 Mini Cheeseburger Sliders with Waffle Fries	Pizzeria Pizza
Weekly Alternate: Mini Meatball Hero				
29	30	31	Z	
BBQ Pork Ribs on a Mini Hero with Potato Tots	Super Sampler with 3 Chicken Nuggets, 3 Mozzarella Sticks & a Dinner Roll	Halloween 2 Hot Dog Sliders on Mini Buns with Smiley Fries	Jersey Fresh VEGETABLE OF THE MONTH Romaine	Jersey Fresh FRUIT OF THE MONTH Cranberries
Weekly Alternate: Chicken Patty on a Bun				

ALSO AVAILABLE DAILY

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

DELI SANDWICH

- Week 1: Salami on a Kaiser Roll with Lettuce & Tomato
- Week 2: Chicken Caesar Stuffed Pocket Pita with Romaine Lettuce & Tomatoes
- Week 3: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 4: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
- Week 5: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

- Entrée (with Protein/Grain)
- Trip to The Farm Stand
- Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served with your meal are Whole Grain Rich

NATIONAL FARM to SCHOOL MONTH



"This institution is an equal opportunity provider."

