









# SEPTEMBER TOTOWA

## 2018 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</b>		
<b>HAPPY LABOR DAY</b> 3	4	5	No Lunch Service 6	No Lunch Service 7 
10 All-Beef Hot Dog on a Bun with Potato Tots  FREE Welcome Back Cookie w/ Lunch	11 <b>PATRIOT DAY</b> Baked Macaroni & Cheese with a Dinner Roll Weekly Alternate: Cheeseburger on a Bun 	12 Boneless Chicken Wings with Oven Fries & a Dinner Roll	13 <b>Breakfast for Lunch</b> French Toast Sticks with an Egg Patty & a Hash Brown 	14 Pizzeria Pizza 
17 Super Sampler with 3 Chicken Nuggets, 3 Mozzarella Sticks & a Dinner Roll	18 Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips 	19 Pasta with Meatballs & Marinara Sauce	20 2 Crispy Chicken Sliders on Mini Buns	21 Pizzeria Pizza
24 Baked Chicken Nuggets with a Dinner Roll & Oven Fries	25 <b>Single Session No Lunch Service</b> Weekly Alternate: Colby Egg & Cheese on a Bun	26 Cheeseburger on a Bun with Waffle Fries	27 <b>Single Session No Lunch Service</b> <b>Jersey Fresh Farm to School</b>	28 Pizzeria Pizza 
				

### ALSO AVAILABLE DAILY

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

#### CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

#### DELI SANDWICH

Week 1: Salami & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 2: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

Week 3: Chicken Caesar Stuffed Pocket Pita with Romaine Lettuce, Breaded Chicken, & Caesar Dressing

Week 4: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

#### A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

#### Menu Subject to Change

Your comments are important to us.

Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)



At least 50% of All Grains served with your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

