


# MARCH TOTOWA

2019 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Locally Grown Onions	 Locally Grown Empire Apples		<b>Fruits &amp; vegetables from The Farm Stand are included with lunch.</b>	
4 Cheeseburger on a Bun with Potato Tots	5 Crispy All-White Meat Chicken Tenders with Oven Fries & a Roll	6 Grilled Cheese Sandwich with Potato Tots	7 <b>Breakfast for Lunch</b> Cinnamon Sugar Glazed French Toast Sticks with an Egg Patty & Hash Brown	8 Pizzeria Pizza
National School Breakfast Week – I Love School Breakfast			<b>Weekly Alternate:</b> Egg & Cheese on a Bagel	
11 Super Sampler w/ 2 Chicken Tenders, 3 Mozzarella Sticks, & Oven Fries with a Dinner Roll	12 Popcorn Chicken with Potato Tots & a Roll	13 Pasta with Meatballs & a Marinara Sauce	14 2 Mini Chicken Patties on Mini Buns	15 <b>ST. PATRICK'S DAY</b> March 17 <sup>th</sup> Pizzeria Pizza
<b>Weekly Alternate:</b> Cheesesteak on a Bun				
18 Baked Chicken Nuggets w/ Oven Fries & a Dinner Roll	19 Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips	20 Cheeseburger on a Bun with Potato Tots	21 Baked Macaroni & Cheese with a Dinner Roll	22 Pizzeria Pizza
		<b>Weekly Alternate:</b> Grilled Cheese Sandwich		
25 Cheeseburger Sliders on Mini Buns with Potato Tots	26 Popcorn Chicken w/ Mashed Potatoes & a Roll	27 Pizza Bagel	28 All-Beef Hot Dog on a Bun w/ Potato Tots	29 Pizzeria Pizza
		<b>Weekly Alternate:</b> Chicken Patty on a Bun		

**ALSO AVAILABLE DAILY**

**YOGURT LUNCH**

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

**CHEESE SANDWICH**

American Cheese on a Roll & a Trip to The Farm Stand

**DELI SANDWICH**

Week 1: Chicken Caesar Stuffed Pocket Pita with Romaine Lettuce, Breaded Chicken, & Caesar Dressing

Week 2: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 3: Salami on a Kaiser Roll with Lettuce & Tomato

Week 4: Ham on a Hero with Lettuce & Tomato

Week 5: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato



**At least 50% of All Grains served with your meal are Whole Grain Rich**

**A Complete Lunch Includes:**

- Entrée (with Protein/Grain)
- Trip to The Farm Stand** (students must select at least a serving of fruit or vegetable)
- Milk Choice: 1% White, Skim, or Non-Fat Chocolate
- Menu Subject to Change**

Your comments are important to us.  
Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."

