



FEBRUARY TOTOWA

2019 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Fruits & vegetables from The Farm Stand are included with lunch.	
<p><i>Happy Valentine's Day</i></p>		<p>American Heart Month</p>		<p>Groundhog Day 2/2</p>
			Weekly Alternate: Colby Egg & Cheese on a Bun	
<p>4 Chicken Sliders on Buns</p>	<p>5 Breakfast for Lunch French Toast Sticks with an Egg Patty & a Hash Brown</p>	<p>6 Popcorn Chicken with Mashed Potatoes & a Dinner Roll</p>	<p>7 Nachos Grande with Seasoned Taco Meat, Cheese, Brown Rice, & Nacho Chips</p>	<p>8 Pizzeria Pizza</p>
Weekly Alternate: Gardenburger on a Bun				
<p>11 All-Beef Hot Dog on a Bun with Potato Tots</p>	<p>12 Baked Chicken Patty on a Bun</p>	<p>13 Pizzeria Pizza</p>	<p>14 Valentine's Day Single Session No Lunch Service</p>	<p>15 School Closed No Lunch Service Mid-Winter Recess</p>
Weekly Alternate: Mini Meatball Hero				
<p>18 Presidents' Day</p>	<p>19 Mozzarella Sticks with Marinara Sauce</p>	<p>20 BBQ Beef Ribs on a Bun with Oven Fries</p>	<p>21 Crispy Boneless Chicken Wings with Potato Tots & a Dinner Roll</p>	<p>22 Pizzeria Pizza</p>
Weekly Alternate: Cheeseburger on a Bun				
<p>25 Super Sampler with Chicken Nuggets, Mozzarella Sticks & a Dinner Roll</p>	<p>26 Cheeseburger Sliders on Mini Buns with Potato Tots</p>	<p>27 Pasta with Meatballs & Marinara Sauce</p>	<p>28 2 Crispy Chicken Tenders with Macaroni & Cheese, & a Dinner Roll</p>	
Weekly Alternate: Grilled Cheese Sandwich				

ALSO AVAILABLE DAILY

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

CHEESE SANDWICH

American Cheese on a Roll & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Salami on a Kaiser Roll with Lettuce & Tomato

Week 2: Ham on a Hero with Lettuce & Tomato

Week 3: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato

Week 4: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

Week 5: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato



At least 50% of All Grains served with your meal are Whole Grain Rich

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at
comments@pomptonian.com

"This institution is an equal opportunity provider."



Local Pink Lady Apples



Local Potatoes