



# DECEMBER TOTOWA

2018 Memorial School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <b>Fruits &amp; vegetables from The Farm Stand are included with lunch.</b>			
3 Baked Chicken Nuggets with Oven Fries & a Dinner Roll	4 <b>Breakfast for Lunch</b> Cinnamon Glazed French Toast Sticks with Turkey Sausage & Potato Tots	5 Pasta with Meatballs, Marinara Sauce, & a Dinner Roll	6 Beef BBQ Ribs on a Bun with Potato Tots	7 Pizzeria Pizza
	<b>Weekly Alternate:</b> Turkey Sausage, Egg, & Cheese on a Bun			
10 Super Sampler with Chicken Nuggets, Mozzarella Sticks & a Dinner Roll	11 Mini Cheeseburger Sliders on Buns with Waffle Fries	12 Baked Macaroni & Cheese w/ a Dinner Roll	13 All White Meat Chicken Tenders with Mashed Potatoes & a Dinner Roll	14 Pizzeria Pizza
	<b>Weekly Alternate:</b> Grilled Cheese Sandwich			
17 Chicken Patty on a Bun	18 Nachos Grande Platter with Seasoned Taco Meat, Shredded Cheese, Nacho Chips, & Brown Rice	19 Baked Mozzarella Sticks with Marinara Sauce	20 Pizzeria Pizza	21 <b>Single Session No Lunch Service</b>
	<b>Weekly Alternate:</b> Mini Meatball Hero			
24 	 			28  Local Butternut Squash
31 WINTER RECESS NO SCHOOL!				

**ALSO AVAILABLE DAILY**

**YOGURT LUNCH**

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

**CHEESE SANDWICH**

American Cheese on a Roll & a Trip to The Farm Stand

**DELI SANDWICH**

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

Week 2: Chicken Caesar Stuffed Pocket Pita with Romaine Lettuce, Breaded Chicken, & Caesar Dressing

Week 3: Salami on a Kaiser Roll with Lettuce & Tomato



**At least 50% of All Grains served with your meal are Whole Grain Rich**



**A Complete Lunch Includes:**

Entrée (with Protein/Grain)

Trip to The Farm Stand (students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us.

Please e-mail us at

[comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."